

# MARCH 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b> 9-10AM Sen. Brian Joyce Office Hours 9:30 ZUMBA 1:00 CHAIR YOGA	<b>3</b> 9:30 LINE DANCE 12:00 LUNCH 12:30 CARDS <u>1:00 PM SHINE</u>	<b>4</b>	<b>5</b> 12:00 LUNCH 12:30 CARDS	<b>6</b> 10:00 TAP DANCING	<b>7</b>
<b>8</b>	<b>9</b> 9:30 ZUMBA GOLD  1:00 CHAIR YOGA	<b>10</b> 9:30 LINE DANCE  NO LUNCH  12:30 CARDS	<b>11</b>	<b>12</b> <b>12:00 ST. PAT'S DAY LUNCH &amp; ENTERTAINMENT</b> <b>5:30 Caregiver Support Meeting</b>	<b>13</b> 10:00 TAP DANCING <u>1:00 Hearing Exams</u>	<b>14</b> <i>Ham &amp; Bean Supper – Avon Baptist Church</i>
<b>15</b>	<b>16</b> 9:30 ZUMBA GOLD  1:00 CHAIR YOGA	<b>17</b> 9:30 LINE DANCE 12:00 LUNCH 12:30 CARDS <u>1:00 Ask a Lawyer</u> 1:30 OUTREACH COORDINATOR'S MEETING	<b>18</b> <i>11:30 Ecumenical Lunch – Avon Baptist</i>	<b>19</b> 12:00 LUNCH 12:30 CARDS <u>12:00 Blood Pressure Clinic</u> <b>COA Board Meeting</b>	<b>20</b> 10:00 TAP DANCING	<b>21</b>
<b>22</b>	<b>23</b> 9:30 ZUMBA GOLD 1:00 CHAIR YOGA	<b>24</b> 9:30 LINE DANCE 12:00 LUNCH 12:30 CARDS	<b>25</b>	<b>26</b> 12:00 "Choose My Plate" LUNCH  12:30 CARDS	<b>27</b> 10:00 TAP DANCING	<b>28</b>
<b>29</b>	<b>30</b> 9:30 ZUMBA GOLD 1:00 CHAIR YOGA	<b>31</b> 9:30 LINE DANCE 12:00 LUNCH 12:30 CARDS				

